



Facts about Food & Nutrition Services (FNS) and Immigrants

Food & Nutrition Services (FNS) is the new name for the Food Stamp Program in North Carolina. It's easier than ever before to qualify for nutrition benefits!

Fact: Some immigrants can get FNS benefits. Generally, if you have been in the United States for five years, or are a child under age 18, get a disability-related benefit, or have enough work history in the United States, you may be able to get FNS benefits. Ask your local DSS office if you qualify.

Fact: Getting FNS benefits will not hurt your chances of becoming a U.S. citizen if you are a documented immigrant.

Fact: Undocumented immigrants can't get FNS benefits, but household members who are U.S. citizens or documented immigrants may be able to get benefits.

Fact: Children who are U.S. citizens or documented residents may be able to get benefits, even if their parents are undocumented.

Fact: The DSS office checks the immigration documents you give them with U.S. Citizenship & Immigration Services (USCIS). If you are not documented, you will not be asked for your immigration documents. It is illegal for the DSS office to report undocumented immigrants to USCIS.

Fact: If you don't speak English, the DSS office can find interpreters to help you, or a friend or family member who speaks English can apply for you.

For more information, please call 919-334-1224, or visit www.fns4nc.org.

